



## Accessing Mental Health & Addictions Services Clarenville, Bonavista & Burin

For individuals wishing to access Mental Health or Addictions services in the **Clarenville, Bonavista or Burin** area of the region, there are several ways to connect:

### Clarenville and Bonavista:

**DOORWAYS Counselling Sessions** by phone or video are available Monday to Friday 9:00 a.m. – 4:30 p.m. by calling:

- Clarenville: (709) 466-5700 or (709) 466-5723
- Bonavista: (709) 468-5318

You may also contact the above numbers to access all other Mental Health and Addictions Services in the area.

### Burin Peninsula:

**Mental Health and Addictions Counselling Services** are available by calling:

- Marystown: (709) 279-7900
- Grand Bank: (709) 832-1640
- St. Lawrence: (709) 873-4250 or (709) 873-2330
- Placentia West Clinic: (709) 443-2100

\*There is no intake or waitlist for these services.

\*Anyone calling these sites will be connected to a counsellor.

### Province-Wide

For urgent Mental Health Crisis support, please call the:  
**Mental Health Crisis Line/  
Mobile Crisis Response  
Team**

(709) 737-4668  
1-888-737-4668  
24 Hours a day

For peer support, please call the: **CHANNAL Warm Line**  
1-855-753-2560  
(709) 753-2560 in St. John's  
10:00 a.m. – Midnight daily

**Mental Health and  
Addictions Systems  
Navigator**  
(709) 752-3916  
1-877-999-7589

Access Bridge the gApp for self-help resources, links to local services and more.  
<https://www.bridgethegapp.ca>

**Need Mental Health  
Support? Please reach out!**