chartwells
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Elementary Menu 2017-2018

	Menu Dates	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	**Sept. 11 – Sept. 15 Sept. 25 – Sept. 29 Oct. 10 – Oct. 13 Oct. 23 – Oct. 27 Nov. 6 – Nov. 9 Nov. 20 – Nov. 24 Dec. 4 – Dec. 8 Dec. 18 – Dec. 22 Jan. 15 – Jan. 19 Jan. 29 – Feb. 2**	Sweet & Sour Meatballs with Rice and Corn	Pancakes topped with Berries	Spaghetti with Meatballs served with a Bread Stick	Cheesy Flatbread with a Side Caesar Salad	Grilled Cheese Sandwich with Chicken Noodle Soup
Week 2	**Sep. 18 – Sept. 22 Oct. 2 – Oct. 6 Oct. 16 – Oct. 20 Oct. 30 – Nov. 3 Nov. 14 – Nov. 17 Nov. 27 – Dec. 1 Dec. 11. – Dec. 15 Jan. 8 – Jan. 12 Jan. 22 – Jan. 26 Feb. 5 – Feb. 9**	Chicken Quesadilla with Rice	BBQ Chicken Breast served with Mashed Potato and Mixed Vegetable	Creamy Macaroni and Cheese served with a Bread roll	Soft Chicken Taco with Rice and Corn	Chicken Snack Wrap with a Fresh Fruit Cup

Every Day Favourites!
Chicken Burger, Grilled Cheese, Hamburgers, Chicken Strips

Daily Combo	**Monday Only** Pizza Slice with a Frozen Yogurt and a Small Milk $5.25	**Tuesday Only** Chicken Nuggets with Baked Fries and Small Milk $5.75	**Wednesday Only** Hamburger with a Low Fat Cookie and a Small Milk $4.75	**Thursday Only** Garlic Round with a Low Fat Cookie and a Small Milk $5.75	**Friday Only** Pizza Slice with a Frozen Yogurt and a Small Milk $5.25	

daily price list

Meal Price :	$5.00
Sandwiches:	
Grilled Cheese	$3.50
Chicken Snack Wrap	$3.25
Crispy Chicken Wrap	$5.00
Drinks:	
250ml White/Choc Milk	$0.55
114ml Juice	$1.00
341ml Can Juice	$1.75
Bottled Water (591 ml)	$2.25
Fruity Slush Cups	$1.50
Salads:	
Caesar Salad	$3.50
Garden Salad	$3.50
Chicken Caesar Salad	$5.00
Other	
Baked Fries/Wedges	$3.25
Chicken Burger	$4.00
Hamburger	$3.50
Cheeseburger	$4.00
Chicken Strips & Dip	$4.25
Chicken Nuggets & Dip	$4.25
Fun Fuel Pack	$5.00
Pizza Slice	$3.50
Garlic Round	$4.50
Snacks:	
Popcorn (Wed only)	$1.50
Veggies and Dip	$2.00
Low Fat Cookie	$0.75
Rice Krispie Square	$1.00
Muffins	$1.50
Fresh Fruit	$1.25
Fruit Cup	$2.50
Apple Slices	$2.00
Pudding Cup	$1.50
Baked Chips	$1.75
Yogurt & Berry Parfait	$2.50
Cinnamon Bun	$1.50
Chapman's Frozen Yogurt Cup	$1.50
Ice Cream	$1.50
Toasted Bagel	$1.75
Bacon/Cheese Bagel	$3.00

Pre-order with ease at www.schoollunchorder.ca OR

PLACE ORDERS IN AN ENVELOPE OR BAGGIE WITH CHILD'S NAME, CLASS, AND CHOICE.