

Monday Tuesday Wednesday Thursday Friday

Week 1	Sept 14-18 Sept 28-Oct 2 Oct 12-16 Oct. 26-30 Nov 9-13 Nov 23-27 Dec 7-11 Dec 21-25 Jan 4-8 Jan 18-22 Feb 1-5 Feb 15-19	Pancake fun fuel pack with Small Milk or Juice \$5.75	2 Soft Beef Tacos and Mexican Rice with Small Milk or Juice \$5.75	Grilled Cheesed Sandwich served with Apple slice and Small Milk or Juice \$5.75	Chicken Parmesan Sandwich and Baked fries with small Milk or Juice \$5.75	BBQ or Grilled Chicken Wrap with Small Milk or Juice \$5.75
	Alternate Meal Served with Small Milk or Juice	Garlic Slice and Side Salad \$5.75	Chicken Nuggets and Baked Fries \$6.00	Pancakes and \$5.75	Hamburger and Baked Wedges \$5.75	Pizza Slice & Side Salad \$5.75
	Daily Soup/Salad/Deli	Crispy Chicken Wrap \$5.75	Chicken Caesar Salad \$5.25	Chicken Noodle Soup \$3.75	Caesar Salad \$4.00	Grilled Chicken Wrap \$5.75
Week 2	Sept 21-25 Oct 5-9 Oct 19-23 Nov 2-6 Nov 16-20 Nov 30-Dec 4 Dec 14-18 Dec 28-Jan 1 Jan 11-15 Jan 25-29 Feb 8-12 Feb 22-26	Spaghetti and Meat Sauce with Small Milk or Juice \$5.75	Chicken Burgers and carrot sticks with Small Milk or Juice \$5.75	BBQ Chicken or Pizza flatbread with Small Milk or Juice \$5.75	Creamy Macaroni and Cheese with Small Milk or Juice \$5.75	Sweet & Sour Chicken Balls and Fluffy Rice with Small Milk or Juice \$5.75
	Alternate Meal Served with Small Milk or Juice	Garlic Slice or Pizza served with baked cookie \$5.25	Chicken Nuggets and Baked Fries \$6.00	Pancakes \$5.75	Hamburger and Baked Wedges \$5.75	Garlic Slice or Pizza Slice served with baked cookie \$5.75
	Daily Soup/Salad/Deli	Crispy Chicken Wrap \$5.75	Chicken Caesar Salad \$5.25	Chicken Noodle Soup \$3.75	Caesar Salad \$4.00	Grilled Chicken Wrap \$5.75

ONE GO	Grilled Cheese Sandwich \$3.75		Chicken Strips & Dip \$4.75		Bacon/cheese Bagel \$3.00
	Ham & Cheese Sandwich \$4.00		Chicken Nug & Dip \$4.75		Toasted Bagel \$2.25
	Crispy Chicken Wrap \$5.75	250ml White \$0.60	Chicken Burger \$4.50	Baked Tortillas & Salsa \$2.50	Muffin \$1.75
	Chicken Caesar Wrap \$5.75	250ml Choc Milk \$0.60	Hamburger \$3.75	Veggie & Dip \$2.00	Cinnamon Roll \$1.75
	Grilled Chicken Wrap \$5.75	1 l 4ml Juice \$1.00	Cheeseburger \$4.50	Apple Slices \$2.00	2 Bite Brownie \$1.50
	Caesar or \$4.00	341 ml Can Juice \$2.00	Deli Fuel Pack \$5.00	Cheese, Cracker & Fruit \$4.75	Baked Chips \$2.00
	Snack Wrap \$3.25	355 ml Bottle Water \$1.50	Ham or Pizza Sub \$3.75	Fresh Baked Cookie \$0.75	Frozen Yogurt \$1.50
	Pizza \$4.00		Baked Wedges \$4.00		